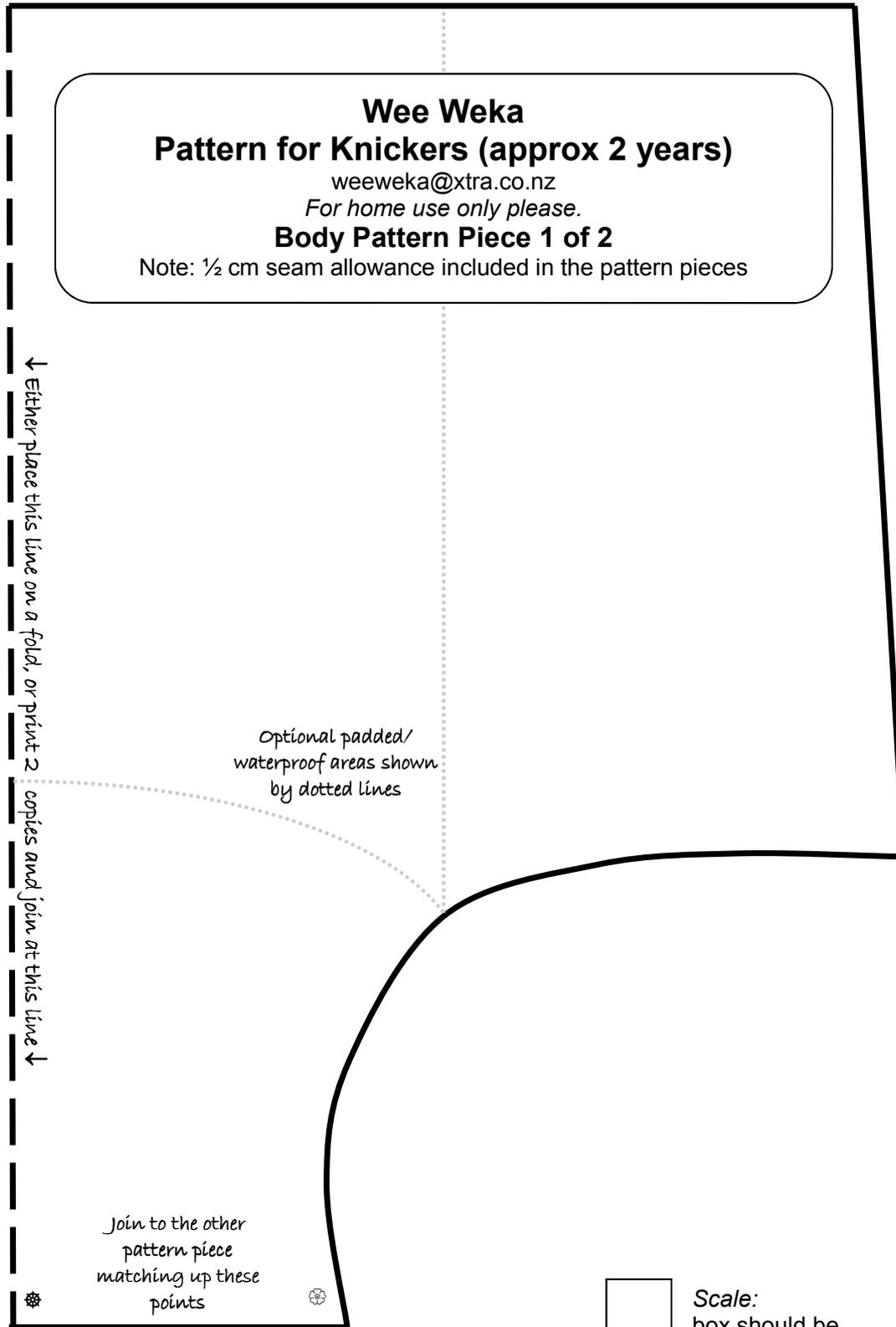
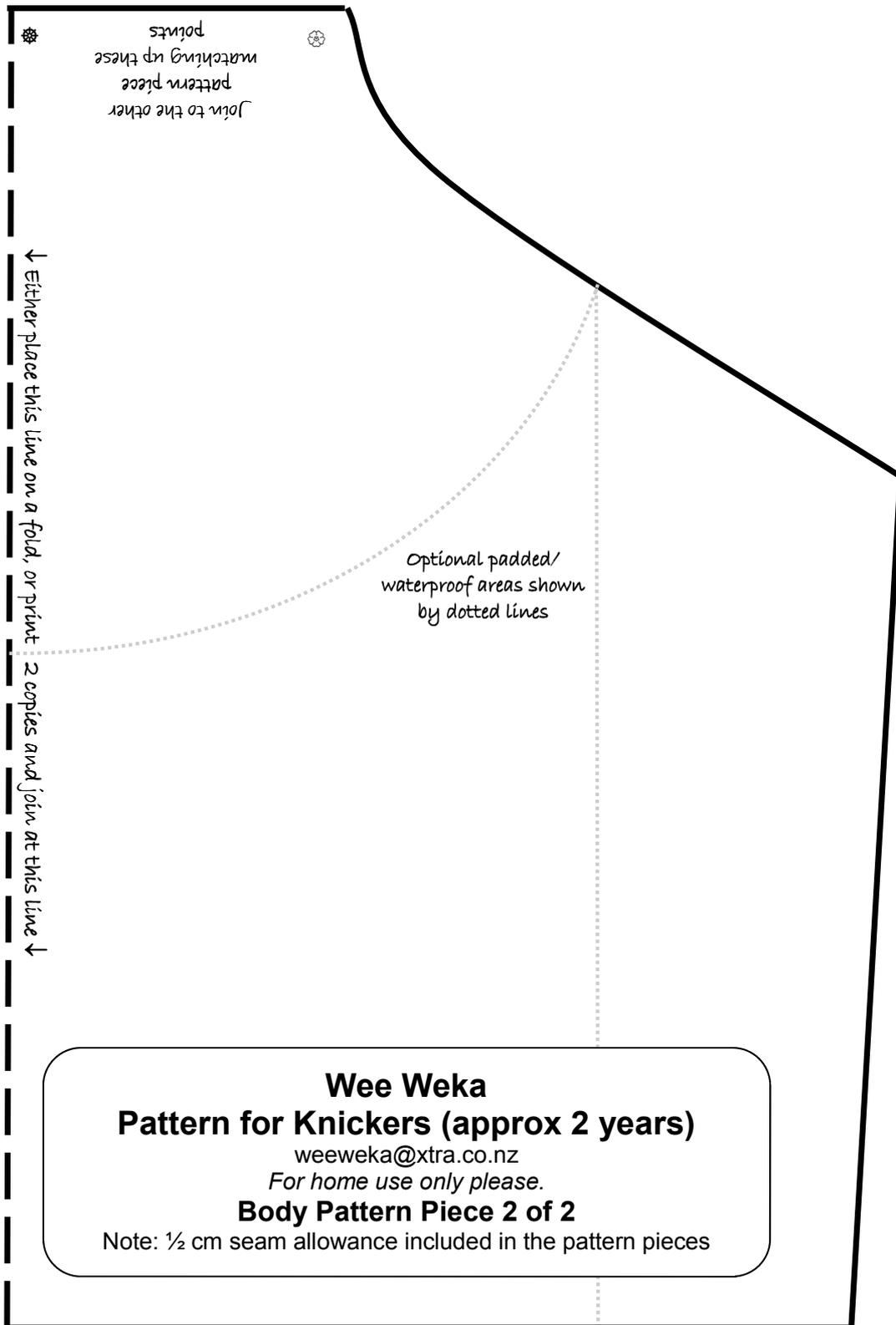


For support in using or sewing modern cloth nappies, visit:

www.thenappynetwork.org.nz



Wee Weka Knickers



Scale:
box should be
1 cm square

Knickers

I made up this pattern to make knickers for my 12 kg 18 month old daughter. I'd bought knickers from retail stores—my daughter didn't like them much as they seemed to irritate her in riding up and itching. She seemed a lot more comfortable in more short/boyleg styled training pants, so I used that idea to make some knickers for her. The fabric I used was a wonderfully stretchy cotton lycra with 2-way stretch (left-right and up-down). I've experimented with ways to finish off the waist and legs—you can finish yours off the way that you like them. I have also added optional areas you can add extra padding to catch leaks and maybe a hidden layer of waterproof fabric.



These knickers are being worn by my 18 month old 12 kg daughter. Note the different finishes for the legs and waist as I tried different ideas.



Fabric & Notions Required:

- 40 cm x 27 cm of soft stretchy fabric (I recommend cotton lycra with a 2-way stretch) for the body of the knickers
- Fabric for waist and leg cuffs (I prefer to use the same fabric as the body of the knickers)
- *Optional:* absorbent fabric for extra padding, fabric such as PUL for waterproofing, braided elastic if you want an elastic waistband, embellishment to pretty them up (and easily identify the front)

Basic Instructions: (once you've cut out the fabric pieces)

Optional step: Sew in waterproof/absorbency layers. (on the wrong side of the fabric)

Step 1: Sew up the sides. With right sides together fold the knickers to match up the sides. Sew down the sides (I use an overlocker for speed and tidiness).

Step 2: Finish the legs. I make up leg cuffs using strips of matching fabric. Knowing the size of the thigh, I stretch out the fabric to cut the length necessary to get the thigh width out of comfortably stretched fabric. E.g. my daughter's thighs are 29 cm, I calculate that 21 cm of fabric stretches to this with comfortable tension (with an overlocker seam allowance). Cut a strip double the width that you want (you will fold it in half). Sew right sides together along the width, then fold wrong sides together to hide the stitching. Pin onto the right side of the body of the knickers, sew/overlock all 3 layers (1 body, 2 leg cuff) together. Repeat for the other leg.

Step 3: Finish the waist. Either make a casing for the elastic to go through (you may wish to add 1-2 cm to the pattern to allow for this), or use a similar method as the legs for a non-elastic finish.

Optional: Finishing touches Add a little embellishment to the front to make it easy to tell the front from the back.

It is finished! Well Done!



Optional: Sew in waterproof/absorbency layers. I haven't shown this step because I haven't bothered doing this, yet.

Step 1: Sew up the sides with right sides together

Step 2: Finish the legs Cut a strip of fabric double the width that you want (you will fold it in half). Sew right sides together along the width, then fold wrong sides together to hide the stitching. Pin onto the right side of the body of the knickers, sew/overlock all 3 layers (1 body, 2 leg cuff) together. Repeat for the other leg.



Step 3: Finish the waist Either make a casing for the elastic to go through, or use a similar method as the legs for a non-elastic finish.



Optional: Finishing touches You may like to add a little embellishment to the front to make it easy to tell the front from the back.



It is finished! Well Done!